

TAKE *a* BREAK

UNIT 1

Part of the Program
Spelling for Adults

Natasha Attard Ph.D

Answer Key Included

Word Search Puzzle

L	W	A	D	M	I	T	T	E	D	E	T	I	D	E
O	F	I	K	T	L	G	Z	X	T	T	G	C	U	J
U	O	O	M	A	N	K	K	Q	P	U	O	S	I	M
A	R	M	B	G	J	V	O	L	M	M	S	D	A	R
H	M	Y	S	P	K	W	A	X	M	T	E	P	E	F
Q	U	M	K	E	L	N	Z	I	G	T	P	M	U	N
I	L	E	W	O	N	A	T	N	A	E	I	L	D	G
G	A	T	O	E	U	T	I	R	D	T	F	E	G	N
N	T	O	D	U	I	L	T	E	T	I	P	Y	N	I
I	I	Y	A	N	L	S	L	I	L	O	K	X	I	V
S	N	A	G	E	N	E	N	L	L	E	O	T	T	E
S	G	Q	P	O	V	G	I	E	B	D	V	Y	T	I
E	M	O	M	A	V	N	V	T	Y	Q	J	E	I	L
R	R	E	R	U	G	E	A	B	H	K	M	F	M	E
P	D	T	C	T	D	Z	F	B	O	U	J	U	O	B

Take a Break 1

Take a break and flex your brain,
A word search puzzle is your gain.
Find the words, don't let them hide,
Reveal the secret word with pride.

S	H	B	E	A	C	H	D	S	M	I	L	E	S	H
T	O	O	I	S	S	E	C	C	U	S	B	F	A	Z
A	F	E	B	X	V	N	H	M	J	L	W	R	E	G
R	D	G	T	B	D	F	F	Q	A	X	M	B	O	N
S	P	R	H	Y	I	L	J	U	X	O	A	A	W	J
O	P	E	N	D	W	E	G	F	N	N	L	C	L	R
N	O	G	A	B	X	H	S	Y	T	S	A	W	N	R
O	T	C	R	C	T	J	P	E	S	S	H	U	P	R
I	L	I	B	E	E	H	N	S	B	P	E	L	E	H
T	V	H	R	O	H	I	E	B	S	Q	X	R	G	Z
N	P	U	X	T	H	N	U	M	C	L	E	M	O	S
E	V	L	T	S	D	X	A	I	W	V	M	M	F	F
T	N	J	N	N	A	E	F	S	K	N	K	H	A	L
T	Q	U	I	W	R	T	N	E	M	Y	O	J	N	E
A	S	K	F	D	I	V	B	I	A	K	R	I	I	S

Attention

Enjoyment

Harmony

Laughter

Starts

Beach

Forest

Hobbies

Peace

Dreams

Goals

Kindness

Smiles

Sunshine

Enjoying These Puzzles? Let's Make Real Progress Too!

These Take a Break activities are a fun way to keep your brain engaged—but if you're serious about improving your spelling, the best way to do that is with the [Spelling for Adults textbook](#).

What is Spelling for Adults?

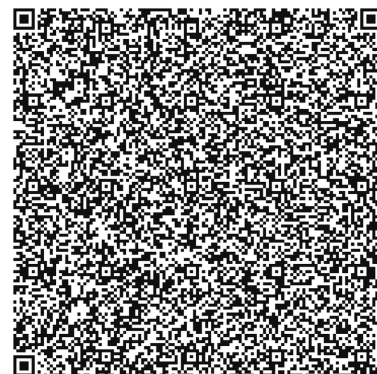
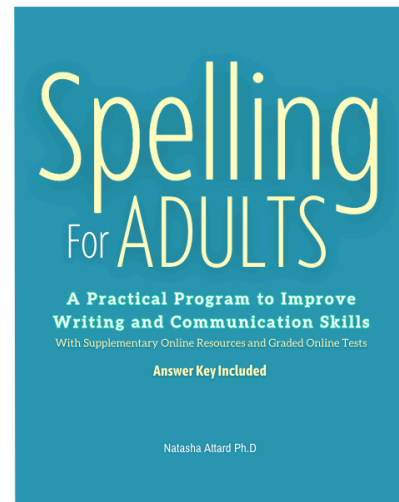
It's a complete step-by-step **spelling program** designed specifically for adult learners. Whether you struggle with common spelling patterns, confusing words, or tricky rules, this textbook guides you through engaging lessons and practical exercises that make spelling easier to understand and apply.

- ✓ Covers essential spelling patterns, rules, and tricky word groups
- ✓ Includes structured lessons with bite-sized learning for busy adults
- ✓ Provides engaging exercises that make learning feel rewarding
- ✓ Offers real-world examples to help you spell with confidence
- ✓ Free Supplementary Spelling Worksheets – these worksheets provide extra practice and align with the units covered in the book.

Want to take your spelling practice to the next level?

Get the [Spelling for Adults](#) textbook to **full** learning experience!

Click on this [link](#) or scan the QR code

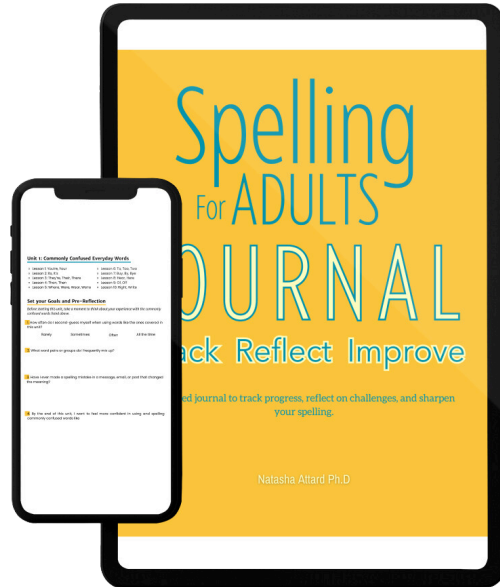


Take Your Spelling Practice to the Next Level!

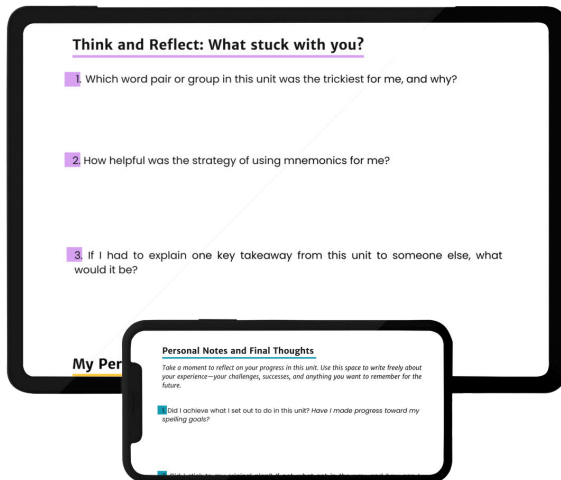
What if you could track your progress, reflect on your learning, and master the words that challenge you?

The [Spelling for Adults Journal](#) is your digital companion, designed to keep you motivated, accountable, and engaged as you build stronger spelling skills.

Each section is aligned with the units covered in the workbook [Spelling for Adults](#).



Use it digitally by typing, writing with an e-pen, or printing it out —whichever works best for you!



What the journal offers:

- ✓ Guided prompts for each unit to reinforce learning.
- ✓ Reflection space to track progress and identify challenges.
- ✓ Accountability tools to help you stay on track.
- ✓ A dedicated word bank for tricky words.

Take control of your learning—download the [Spelling for Adults Journal](#) today and make each unit more intentional and rewarding!

Limited offer \$9.99 (~~\$14.99~~)

Scan the QR Code or Visit:

<https://natashascripts.com/spelling-journal-adults/>



Take a Break Answer Key

Unit 1 Word Search



Hidden word: Success