

Spelling For ADULTS

UNIT 5

Rules and Patterns for
-ed and *-ing* Suffixes

EXTRA PRACTICE
WORKSHEETS

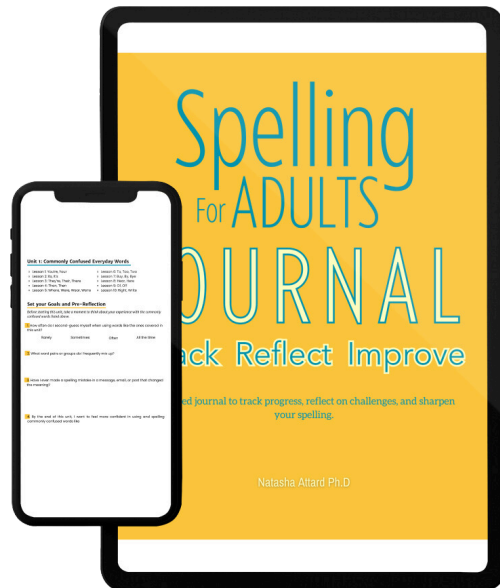
Answer Key Included

Natasha Attard Ph.D

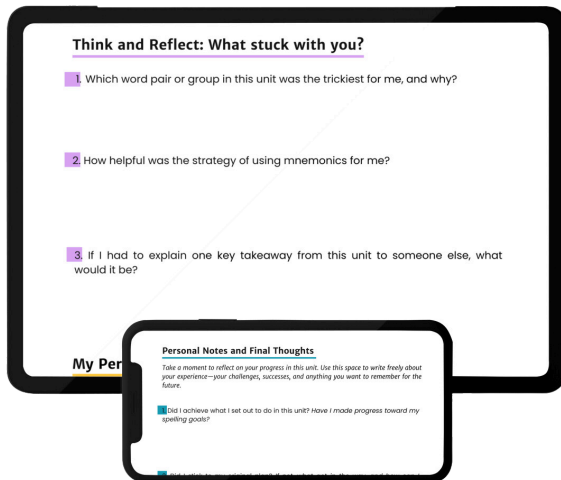
Take Your Spelling Practice to the Next Level!

You've already shown dedication by working through the Supplementary Spelling Practice Program, but what if you could track your progress, reflect on your learning, and master the words that challenge you?

The [Spelling for Adults Journal](#) is your digital companion, designed to keep you motivated, accountable, and engaged as you build stronger spelling skills.



Use it digitally by typing, writing with an e-pen, or printing it out —whichever works best for you!



What the journal offers:

- ✓ Guided prompts for each unit to reinforce learning.
- ✓ Reflection space to track progress and identify challenges.
- ✓ Accountability tools to help you stay on track.
- ✓ A dedicated word bank for tricky words.

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Unit 5: Rules and Patterns for -ed and -ing Suffixes

SKILL FOCUS: Reinforcement of spelling rules for words ending in *-ed* and *-ing*.

Name: _____

Date: _____

Personal Message:

You're amazing for going the extra mile and tackling this additional practice! The activity in this worksheet reinforces the spelling rules covered in Unit 5. By practicing the words in the same order as they appear in the explanations for each rule, you're taking a focused and deliberate approach to mastering these concepts. This repetition not only strengthens your understanding but also builds your confidence to apply the rules in practical contexts like writing or everyday communication.

Keep up the great work—you're putting in the effort that makes all the difference!

Warm regards,
Natasha



Activity 5: In the table below, you will find a list of words practiced in this unit. For each word, add the suffix *-ed* and *-ing* in the appropriate columns. Make sure to apply the rules discussed in this unit when forming the words.

Base Word	Add <i>-ed</i> suffix	Add <i>-ing</i> suffix
(Rule 1)		
Beg		
Bin		
Tap		
Map		
Plan		

Base Word	Add <i>-ed</i> suffix	Add <i>-ing</i> suffix
Step		
Slip		
Hop		
Stop		
(Rule 2)		
Admit		
Begin	-----	
Commit		
Control		

Base Word	Add <i>-ed</i> suffix	Add <i>-ing</i> suffix
Equip		
Infer		
Forget	-----	
Impel		
Occur		
Omit		
Permit		
Prefer		

Base Word	Add <i>-ed</i> suffix	Add <i>-ing</i> suffix
Propel		
Regret		
Refer		
Remit		
Repel		
Submit		
Transfer		
Transmit		

Need a break?

Refresh Your Spelling with Free Puzzles!

Head over to the Take a Break Page for free crossword and word search puzzles that align with the units covered in the Spelling for Adults Program!

These puzzles are a great way to relax while reinforcing your spelling skills. Visit

<https://natashascripts.com/takeabreak-spelling-puzzles/>
or scan the QR code below to get started!



Base Word	Add <i>-ed</i> suffix	Add <i>-ing</i> suffix
(Note 2, Rule 2)		
Hinder		
Borrow		
Consider		
Travel		
Listen		
Happen		
Differ		
Enter		

Base Word	Add <i>-ed</i> suffix	Add <i>-ing</i> suffix
Visit		
Offer		
Suffer		
Limit		
Develop		
Order		
Answer		
Harbor		

Base Word	Add <i>-ed</i> suffix	Add <i>-ing</i> suffix
Follow		
Open		
Cover		
Edit		
Shelter		
(Rule 4)		
Arrest		
Build	-----	

Base Word	Add <i>-ed</i> suffix	Add <i>-ing</i> suffix
Catch	-----	
Comb		
Drift		
Print		
Grasp		
Scratch		
Stand	-----	
Spend		

Base Word	Add <i>-ed</i> suffix	Add <i>-ing</i> suffix
Fulfill		
Press		
Smell		



Activity 5.1: Write each word in the table, focusing on the correct spelling with its vowel suffix (Rule 3).

Admittance	→ <i>admittance</i>	
Controllable		
Controllability		
Committee		

Occurrence		
Occurrent		
Propeller		
Propellant		
Regrettable		
Remittance		
Remittal		
Repellent		
Repellant		
Repellancy		
Submittal		
Transmittance		

Transmitter		
Reference		
Preferable		
Preference		
Transferable		
Transferability		
Transferral		

Spelling Practice

Use this space to jot down words you find tricky and practice writing them.

Answer Key

beg, begged, begging
bin, binned, binning
tap, tapped, tapping
map, mapped, mapping
plan, planned, planning

step, stepped, stepping
slip, slipped, slipping
hop, hopped, hopping
stop, stopped, stopping

admit, admitted, admitting
begin, ----, beginning
commit, committed, committing
control, controlled, controlling

equip, equipped, equipping
infer, inferred, inferring
forget, ----, forgetting
impel, impelled, impelling
occur, occurred, occurring
omit, omitted, omitting
permit, permitted, permitting
prefer, preferred, preferring

propel, propelled, propelling
regret, regretted, regretting
refer, referred, referring
remit, remitted, remitting
repel, repelled, repelling
submit, submitted, submitting
transfer, transferred, transferring
transmit, transmitted, transmitting

hinder, hindered, hindering
borrow, borrowed, borrowing
consider considered, considering
travel, traveled, traveling
listen, listened, listening
happen, happened, happening
differ, differed, differing
enter, entered, entering

visit, visited, visiting
offer, offered, offering
suffer, suffered, suffering
limit, limited, limiting
develop, developed, developing
order, ordered, ordering
answer, answered, answering
harbor, harbored, harboring

Answer Key

follow, followed, following
open, opened, opening
cover, covered, covering
edit, edited, editing
shelter, sheltered, sheltering

arrest, arrested, arresting
build, ----, building

catch, ----, catching
comb, combed, combing
drift, drifted, drifting
print, printed, printing
grasp, grasped, grasping
scratch, scratched, scratching
stand, ----, standing

fulfill, fulfilled, fulfilling
press, pressed, pressing
smell, smelled, smelling